Build a strong foundation for the future!

FOUNDATIONS
Mondays from 7-8 p.m., starting Sept. 11
114 Hall of Languages

SIX TOPICS IN SIX ONE-HOUR SESSIONS:
leadership, career development, physical health and nutrition, community involvement, financial wellness, healthy relationships and self-care

PARTICIPATING OFFICES INCLUDE:
Athletics, Career Services, the Office of Financial Literacy, the Office of Engagement Programs and the Office of Health Promotion

Questions? Contact Tracy Tillapaugh at ttillapa@syr.edu

Attend all six sessions and you could win a $1,000 scholarship!
Syracuse University

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Learn about 6 essential areas in 6 one-hour sessions

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- career development
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